

# CILENTOURING CALENDAR 2020



A QUICK LOOK FROM OUR  
POINT OF VIEW...  
PLAN YOUR JOURNEY  
AND  
FOLLOW US!

# GENNAIO 2020 JANUARY



**Take a look at our recipe  
book for traditional  
Christmas dishes!**

**The festival known as "Natale al Borgo"  
is fantastic. The historical scenery of  
many different medieval villages in  
Cilento is truly beautiful.**

**The show characters are always played  
by the locals, who also make some of  
the oldest local crafts and woodworks.  
There are not only nativity depictions,  
but historical characters and traditions  
as well.**

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# FEBBRAIO 2020 FEBRUARY



**In many Cilento villages you can enjoy the Carnival celebrations.**

**Days of fun where you can experience local culture and some delicious local food.**

**Take a look at our recipe book for Carnival dishes!**

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# MARZO 2020 MARCH

**Great period for trekking  
hiking  
and cycling**



**Cilento offers many different landscapes to explore. Rocky and sandy coasts, mountains, hills, gorges of rivers ... There is so much to do, so many places to go.**

**The only problem is too much choice!**

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# APRILE 2020

## APRIL

The Easter period and the month of April offer many opportunities to learn about local traditions and sporting events. Check on [www.calendarioeventinelcilentto.it](http://www.calendarioeventinelcilentto.it) and choose your destination day by day and keep in mind the patron saint's day of San Marco di Castellabate



Take a look at our recipe book for traditional Easter dishes!

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# M A G G I O 2020

## M A Y



May is a month full of sports, folklore and culinary events. Keep an eye on [www.calendarioeventinelciento.it](http://www.calendarioeventinelciento.it) and choose your destination day by day, but don't forget that May is the artichoke month. It is one of the typical products of Cilento.

Artichokes are the main food cultivated in the areas of Paestum and Pertosa.

You will be amazed about how many dishes can be prepared with this precious and healthy vegetable!

Take a look at our recipe book for dishes based on artichoke!

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# GIUGNO 2020

## JUNE

June brings us into the heart of summer and you can fully enjoy the crystal clear waters of Cilento, the beautiful sun and the sea breeze.

But there are also many other things you can do, and many events are organized everywhere. For example, in Castellabate there is the 'Open Water Swimming Competition' and the 'Festival of the Fish Catch'. In Marina di Camerota there is an important musical event 'The Meeting of the Sea', where many emerging groups perform.



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# LUGLIO 2020

## JULY

Take a look at our recipe book for dishes based on Vatolla onions



Cilento is full of ancient villages that preserve time in their traditions. One of these is Vatolla which holds the secret of the cultivation of an exceptional variety of onion. You can visit the village and taste its flavour at the 'Vatolla Onion Festival' in July.

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# AGOSTO 2020

## AUGUST



**The Cilento sea is indescribable. It has pure and crystalline waters all across its coast. Look at the map and choose one place per day!**

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# SETTEMBRE 2020 SEPTEMBER

Many events in Cilento in August and September are related to the cultivation and processing of figs. Once the products are processed, they are exported to various parts of the world and appreciated in many forms



Take a look at our recipe book for traditional gastronomic preparations with figs!

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# OTTOBRE 2020

## OCTOBER

One of the elements that makes Cilento a beautiful and precious land is the olive tree. Olives are processed in many different ways.

October is the perfect month to walk on the hills and admire the majestic beauty of these trees and visit the numerous oil mills that make this 'liquid gold' that enhances the Cilento cuisine.

Taking part in the olive harvest will be an unforgettable experience!



Take a look at our recipe book to learn how make olive preserves!

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# NOVEMBRE 2020 NOVEMBER



**Cilento has many chestnut woods and of course the good Cilento tradition preserves the secrets about their conservation and processing. In many villages chestnut festivals are organized in November, and you can discover how much they can do with the chestnut!**

**Take a look at our recipe book to learn how make chestnut preserves and sweets!**

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# DICEMBRE 2020 DECEMBER



In several Cilento villages Christmas markets are organized in December. They are an opportunity for the locals to show their handicraft products, such as ceramics, tools and sculptures in wood, stone and iron, or woven baskets, embroidery or food products and preserves. They are a good opportunity to try the many typical foods and dishes. In Castellabate the Christmas markets have a special, magical atmosphere that takes you back in time!

Take a look at our recipe book for traditional Christmas dishes and sweets!

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LAVORO REALIZZATO DAGLI ALUNNI DI SCUOLA  
PRIMARIA DELL'I.C. CASTELLABATE

ISCRITTI AL MODULO

CILENTOURING CALENDAR

WORK CARRIED OUT BY THE STUDENTS

I.C. CASTELLABATE PRIMARY SCHOOL

ENROLLED IN THE COURSE

CILENTOURING CALENDAR



10.2.2A-FSE-PON-CA-2017-425-

COMPETENZE DI BASE -

INSIEME ALLA SCOPERTA DI UN MONDO-1953 DEL

21/02/2017 -